



Choose the pace for your John 15 Academy Journey

FULL SPEED AHEAD or A GENTLE STROLL

The “Full Speed Ahead” pace walks you through all of the membership resources at a “first year” introductory pace. The “Gentle Stroll” pace moves more slowly—especially during the first six months—and allows you to plan Stage 10 in your second year of membership. Either pace is appropriate. Choose what you TRUST is BEST for YOU and YOUR FAMILY.

- No matter what pace you choose, begin at the beginning. A good first step is to watch the [introduction video](#).
- Remember, we’re here to help. Post your questions in the John 15 Academy Facebook group if you’re an Academy Plus member. Or, send Janet an email: janet@john15academy.com. Or schedule a consulting appointment. (Academy Plus members get a 60% discount on private consulting appointments.)

FULL SPEED AHEAD

FIRST MONTH:

- Use the bonus benefit STUDY GUIDE to read Janet’s book with your spouse and/or in a small group. Plan to read & discuss 3 chapters each week digging deep into the revolutionary ideas—and praying about any course corrections needed in your home to help build relationships of trust, and help unplug struggle from lies, fear, or shame.
- Watch the videos for Stages 1-3.
- Use the resources offered in these stages to begin to connect and reconnect in safe relationships at home.
- Subscribe to the BRAVEL LOVE podcast and schedule time each week to listen to Doug and Janet wrestle with the real-life questions from the Brave Love community. Submit your questions, too, by emailing: janet@john15academy.com

A GENTLE STROLL

FIRST MONTH:

- Use the bonus benefit STUDY GUIDE to read Janet’s book with your spouse and/or in a small group. Plan to read & discuss 3 chapters each week digging deep into the revolutionary ideas—and praying about any course corrections needed in your home to help build relationships of trust, and help unplug struggle from lies, fear, or shame.
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FULL SPEED AHEAD

SECOND MONTH:

- Watch the videos for Stages 4–5, including the two additional videos in stage 4.
- Use the resources offered in these stages to make intentional changes in your daily schedule, and to make 1 or 2 new choices about curriculum—based on what you’re learning.
- Begin using oral narration—and try 1 or 2 other ideas from the WORTHY WORK resource.

THIRD MONTH:

- Watch the video for Stage 6 and read through the e-books ALL THINGS NATURE STUDY, ALL THINGS READING, and BECOMING A WRITER.
- Begin to implement one key idea from the video and the e-books for each of these subject areas.
- If you have a child in INTERMEDIATE SCHOOL or HIGH SCHOOL, read the curriculum guide provided in THE NEW COVENANT e-book (found in Stage 6). Pray about when to start this study in your homeschool schedule.
- If your children are ages 5–11, pray about using THE NEW COVENANT e-book for your own personal growth—in preparation for using it with your children when they get older.

A GENTLE STROLL

SECOND MONTH:

- Watch the videos for Stages 1–3.
- Use the resources offered in these stages to begin to connect and reconnect in safe relationships at home.

THIRD MONTH:

- Watch the video for Stages 4, including the two additional videos this stage.
- Use the resources offered in this stage to make intentional changes in your daily schedule.
- Begin to use the “This Is Us in the Mornings” chart and help your children develop relationships of trust with each other. Build an intentional family legacy of connection and love in your home.

FULL SPEED AHEAD

FOURTH MONTH:

- Watch the video for Stage 7 and spend several days studying a “Report of Growth.” Choose 1 or 2 subjects to begin reporting on right now in this new way. Choose 3-5 habits to begin reporting on right now in this new way.
- Create a (modified) “Report of Growth” based on what you’ve chosen—and show this document to your child. Talk about the goal of growth instead of grades. Be sure to include (on the document you’re creating) the titles of the books you’re reading and/or the curriculum you’re choosing for each subject.

FIFTH MONTH:

- Watch the videos for Stages 8, 9 and 10.
- Read the ROADMAP e-book in Stage 8 and consider each of the links in the e-book. Choose 1 or 2 of the 15 practical ideas to make key changes in your relationships with your children.
- Consider making your home an “adolescence-free” zone and help your children grow up to be young adults by design. Show your children the timelines from the e-book, showing life stages by design and by default. Have conversations about these big ideas.

A GENTLE STROLL

FOURTH MONTH:

- Watch the video for Stage 5 and make 1 or 2 new choices about curriculum— based on what you’re learning.
- Begin using oral narration—and try 1 or 2 other ideas from the WORTHY WORK resource.

FIFTH MONTH:

- Watch the video for Stage 6 and read through the e-books about ALL THINGS READING, ALL THINGS NATURE STUDY, and BECOMING A WRITER.
- Begin to implement one key idea from the video and the e-books for each of these subject areas.
- If you have a child in INTERMEDIATE SCHOOL or HIGH SCHOOL, read the curriculum guide provided in THE NEW COVENANT e-book. Pray about when to start this study in your homeschool schedule.
- If your children are ages 5-11, pray about using THE NEW COVENANT e-book for your own personal growth—in preparation for using it with your children when they get older.

FULL SPEED AHEAD

MONTHS SIX and SEVEN:

- Pace yourself through the “Connect—and Reconnect” signature course in Stage 9. There are 4 modules with 2 videos in each module—and reading selections and practical applications included with each of the 4 topics.
- Schedule time to complete 2 modules/month. This signature online course can be powerful if you and your spouse watch the videos together—or each watch the videos on your own schedule and then share your considerations and questions with each other.
- Make it a date night! There is great hope. :)

MONTH SEVEN:

- Continue the tasks listed directly above.

A GENTLE STROLL

SIXTH MONTH:

- Watch the video for Stage 7 and spend several days studying a “Report of Growth.” Choose 1 or 2 subjects to begin reporting on right now in this new way. Choose 3–5 habits to begin reporting on right now in this new way.
- Create a (modified) “Report of Growth” based on what you’ve chosen—and show this document to your child. Talk about the goal of growth instead of grades. Be sure to include (on the document you’re creating) the titles of the books you’re reading and/or the curriculum you’re choosing for each subject.

MONTH SEVEN

- Watch the videos for Stages 8, 9 & 10.
- Read the ROADMAP e-book in Stage 8 and the numerous links included in that book. Choose 1 or 2 of the 15 practical ideas to make key changes in your relationships with your children.
- Consider making your home an “adolescence-free” zone and help your children grow up to be young adults—by design. Show your children the timelines from the e-book showing life stages by design and by default. Have conversations about these big ideas.

FULL SPEED AHEAD

MONTHS EIGHT and NINE:

- Pace yourself through the “Loving Your Child on The Road to Maturity” signature course in Stage 10. There are 4 modules with 2 videos in each module—and reading selections and practical applications included with each of the 4 topics.
- Schedule time to complete 2 modules/month. This signature online course can be powerful if you and your spouse watch the videos together—or each watch the videos on your own schedule and then share your considerations and questions with each other.
- Maybe another date night?! There is great hope. :)

A GENTLE STROLL

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- Make it a date night! There is great hope. :)
- This Gentle Stroll pace through your John 15 Academy journey doesn’t include Stage 10 in your first membership year. Plan to enjoy that signature online course next year!

MONTH TEN:

- Watch the Conclusion video included in the Academy and pray about your next steps. What is the dream God has given you for your family? for your destiny? What is God inviting you to trust Him to do that is bigger than you can do by yourself?
- Re-read chapter 12 “Life by Design” in Janet’s book. Pray and trust God to lead you to choose 1-2 of the ideas on pp. 117-120 to begin a new phase of your journey.
- Visit Janet’s Research page—a bonus benefit to your membership. Choose one (or more) of the books she recommends. Watch the “Two Roads” video—and maybe plan a dinner party and share it with your friends.

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FULL SPEED AHEAD

MONTH ELEVEN:

- Spend some time in Janet's Curriculum Closet—finding new ideas for Art instruction, phonics materials and beginning reading instruction, and more.
- Be sure to watch Simon Sinek's "Leaders Eat Last" video. You can share this video with your spouse—and your children. (appropriate for children ~10 and older)
- Watch Dr. Katherine Reid's Ted Talk "Unblind My Mind: What Are We Eating?" and consider how you can plan a year (or two) to study Nutrition in Science.

A GENTLE STROLL

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MONTH TWELVE:

- Spend some time browsing Janet's Favorite Things—and begin intentionally choosing a few new books and resources for yourself and your children as you plan a brand-new year of TRANSFORMATIONAL EDUCATION.
- Treat yourself with a one-on-one consulting appointment with Janet to help you implement what you've learned this year.
- Plan a date night with your spouse—and a celebration meal with your family. Celebrate the struggles and the miracles you've experienced. Share your prayer requests for the upcoming school year—and commit to help one another struggle well in truth and love. Together, there is great hope.

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CONGRATULATIONS! You've completed your first year of membership in John 15 Academy!

Celebrate the struggles that you've pushed through in truth and love. Document the miracles. And, let's get excited together about all of the promises of another year on this TRANSFORMATIONAL journey. **Together, there is great hope!**